MANITOBA

ANNUAL REPORT
1983-84

Alcoholism Foundation
of Manitoba

85-3699/

ALCOHOLISM FOUNDATION OF MANITOBA

July 6, 1984

The Honourable Pearl McGonigal
Lieutenant-Governor
Province of Manitoba
Winnipeg, Manitoba

May It Please Your Honour:

I respectfully submit herewith the Annual Report of the Alcoholism Foundation of Manitoba for the fiscal year 1983/84.

Sincerely,

L. Desjardins,
Minister of Health

1031 Portage Avenue, Winnipeg, Manitoba R3G 0R9 (204) 786-3831

ALCOHOLISM FOUNDATION OF MANITOBA

July 6, 1984

The Honourable L. Desjardins
Minister of Health
Province of Manitoba
Winnipeg, Manitoba

Sir:

I have the honour of presenting herewith the Annual Report of the Alcoholism Foundation of Manitoba for the fiscal year 1983/84.

Sincerely,

Judge Charles Rubin,
Chairman,
Board of Governors

1031 Portage Avenue, Winnipeg, Manitoba R3G 0R9 (204) 786-3831

REMARKS BY THE CHAIRMAN, AFM BOARD OF GOVERNORS

With deep sorrow, I submit this report on behalf of our deceased Chairman, the late Monseigneur Charles Empson. His death March 12, 1984 deprived the Board of Governors of the Monseigneur's abundant strength and serenity in dealing with the many issues which face the Alcoholism Foundation of Manitoba.

The Monseigneur assumed his post at the end of Mr. Gary Miles' term as Chairman in October, 1983. Under the chairmanship of these two men, AFM staff, supporters, and affiliated agencies were able to meet constructively the varied organizational and operational challenges which arose during the 1983/84 fiscal year.

Their guidance was a boon to all during a period that witnessed several major developments which included:

- Restructuring of the AFM to permit allocation of staff resources as required at this mature stage of the Foundation's ongoing evolution. Increased emphasis was placed on evaluating and improving the effectiveness of existing programs to promote greater efficiency during this period of restraint.

- The return, after a brief absence, of Mr. G. Ross Ramsey as Executive Director, who succeeded in office Mr. David Cruickshank. The Board of Governors is pleased with his appointment, and anticipate stable but innovative operations under his directorship.

  Other senior management changes during 1983/84 included the appointments of Mr. Herb Thompson as Director of Program Delivery; Ms. Novia Carter as Director of Program Evaluation and Development; and Mr. Ian Puchlik as Director of Support Services.

- The rallying of AFM staff and supporters in response to a recommendation to the provincial government that the AFM be abolished and its resources consolidated within a proposed Mental Health Directorate of the Manitoba Department of Health. Supporters of the AFM as now constituted made many representations, urging the provincial government that if implemented, the recommendation would have serious consequences for Manitobans.

We note with satisfaction that the Minister of Health, the Honourable L.L. Desjardins, has announced recently that the abolishment of the AFM was no longer being entertained, and that he intended to establish increased collaboration between the Department of Health and the AFM.

- The near completion of our three-year Purchase and Renovation Program, thanks to a recent allocation of capital funds, which has headquartered the Foundation in a two-building complex at a prominent Winnipeg location.

- Certification of the Manitoba Government Employees Association as bargaining agent for our staff. Already, this has built a sound base for the continuation of fruitful and productive relations between management and unionized staff members.

My report cannot be completed suitably without congratulating the many Manitobans involved in chemical dependency programming for another encouraging year of dedicated service.

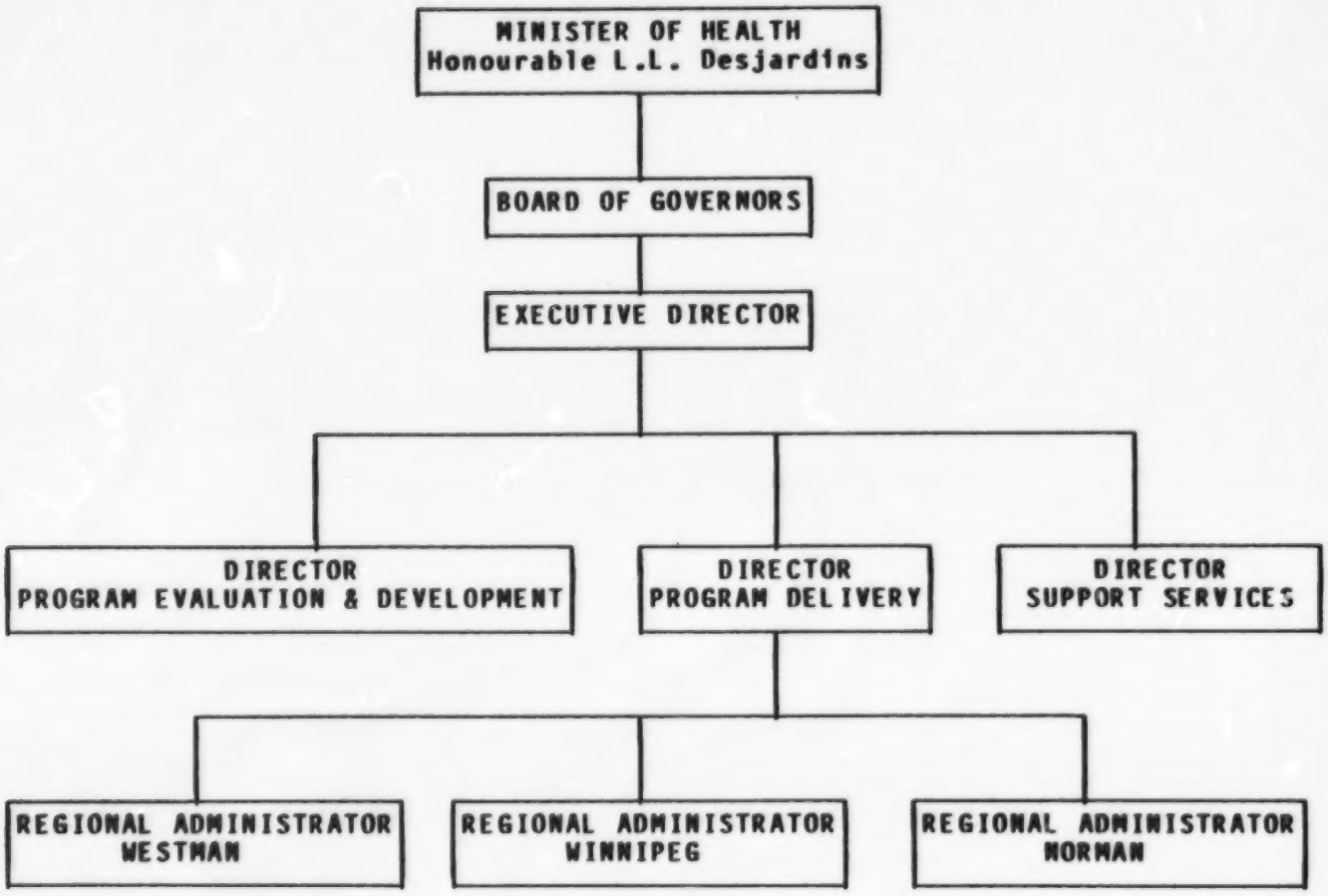
These individuals include the Minister and his Deputy, my colleagues on the Board of Governors, members of Advisory Boards and committees throughout the province, the Boards of Directors and staff of the AFM funded agencies, and finally, the AFM staff.

Judge Charles Rubin,
Chairman,
AFM Board of Governors

TABLE OF CONTENTS

	Page
ORGANIZATIONAL CHART	1
MEMBERS OF THE AFM BOARD OF GOVERNORS	2
AFM SENIOR OFFICERS	3
DIRECTORATE OF SUPPORT SERVICES	4
DIRECTORATE OF PROGRAM DELIVERY	6
DIRECTORATE OF PROGRAM EVALUATION AND DEVELOPMENT	13
STATISTICS PERTAINING TO AFM OPERATIONS	16
DIRECTORY OF AFM FACILITIES AND LIST OF FUNDED AGENCIES	20
FINANCIAL STATEMENTS FOR THE FISCAL YEAR ENDED MARCH 31, 1984	23

THE ALCOHOLISM FOUNDATION OF MANITOBA - ORGANIZATIONAL CHART



THE ALCOHOLISM FOUNDATION OF MANITOBA
BOARD OF GOVERNORS

Monseigneur Charles A. Empson* Winnipeg	October 3, 1984 (Appointed Chairman)
Mr. Tom McNeil Winnipeg	January 20 - April 25, 1984 (Acting Chairman)
Judge Charles Rubin Winnipeg	April 25, 1984 (Appointed Chairman)
	Expiry of Appointment
Mr. Thomas A. McNeil Vice-Chairman Winnipeg	April 1, 1985
Mr. George Rajotte Winnipeg	Resigned
Mr. James Toal, Treasurer Winnipeg	October 3, 1986
Ms. Michele Cadieux Letellier	October 3, 1986
Ms. Sharon Kilbrai Winnipeg	July 28, 1985
Ms. Doris Fontaine Winnipeg	July 28, 1985
Deputy Chief Ed Ogelski Winnipeg	July 28, 1985
Mr. Ken Caldwell Rossburn	November 17, 1985
Dr. Harry Prosen Winnipeg	July 28, 1985
Judge Charles Rubin Winnipeg	July 28, 1985
Mr. Jalmar Erickson Ashern	November 17, 1985
Mr. Jim Sanders Thompson	November 17, 1985
Rev. Jim Scott Portage La Prairie	October 3, 1986
Ms. Jacqueline Lavallee Winnipeg	October 3, 1986

* Deceased March 12, 1984

THE ALCOHOLISM FOUNDATION OF MANITOBA

The Honourable L. Desjardins
Minister of Health

SENIOR OFFICERS

G. Ross Ramsey
Executive Director

Ian J. Puchlik
Director, Support Services

Herb Thompson
Director, Program Delivery

Novia Carter
Director, Program Evaluation and Development

REGIONAL ADMINISTRATORS

Richard Voss
Norman Region

Edward Ludwig
Westman Region

Arend J. Visser
Winnipeg Region

THE DIRECTORATE REPORTS

As Chairman Rubin indicates in his introduction to this Annual Report, organizational restructuring was an important development for the Foundation during 1983/84.

This restructuring arose directly from the awareness that economic realities in the broader community made imperative some realignment of financial and human resources to ensure the continuing effectiveness of Foundation programs and services.

This cost-conscious approach resulted in the creation of a new management structure with the salient feature of three inter-related Directorates, shown schematically on the Organizational Chart, page 1.

The three Directorates are: Support Services, Program Delivery, and Program Evaluation and Development. They correspond with a deliberately sharp and carefully co-ordinated division of labour to provide diverse addictions-related programs and services for all Manitobans.

This section of the Annual Report includes general descriptions of the three Directorates' respective roles in meeting this goal, and gives highlights of their major activities during 1983/84.

THE DIRECTORATE OF SUPPORT SERVICES *is responsible for establishing policies and procedures and for areas of endeavour, which include: finance, personnel, building operations, information, and staff development services.*

The Finance Department plans, controls and operates the accounting, budgeting, payroll and purchasing systems of the Foundation. Information generated by these financial systems is essential in areas ranging from monitoring routine operations to the control of longer-term corporate financial objectives. The Department also monitors financial reports to AFM senior management.

Maintaining liaison with Funded Agencies, whose financial requests must be analyzed and reviewed, is another responsibility of Department staff.

During 1983/84, the Department undertook intensive review of the budgeting component, marking the start of ongoing, full-scale financial systems review. This important project will provide management with additional financial information to which they require ready access. The project brings closer to realization the AFM's plans to extend and improve its data-processing capabilities.

The Personnel Department has a mandate to provide the Foundation with a centralized recruitment service available to its Regions, and is responsible for all human resource support services required by the organization.

During 1983/84, several developmental projects were undertaken. The Department was assigned to institute a new labour relations function following AFM union certification in September, 1983. Other initiatives involved devising and implementing new policies and procedures concerning human resources; research leading to the implementation of AFM staff position classification specifications; conducting salary reviews; and compiling miscellaneous statistical data.

The Information Department distributes upon public request AFM and other addictions-related materials of interest to Manitobans. The William Potoroka Memorial Library -- a key component of this department -- holds the province's largest and most versatile collection of books, periodicals, journals, films and other materials on all aspects of chemical dependency. These range in sophistication from materials that primarily would interest professional persons in a variety of fields to materials intended for a more general audience.

The AFM's library became more accessible and visible to the general public during 1983/84 with the consolidation of resources in the Foundation's new headquarters.

The Information Department geared up as well to provide AFM literature in the French language. Department staff responded to copious requests for the English language materials that it already had on hand and approximately 150,000 pieces of literature were disseminated. As well, the Library responded to 3,100 requests for film loans.

The Bulletin -- the Foundation's regular quarterly newsletter since 1980 -- was distributed to more than 3,000 subscribers on a quarterly basis both within and beyond Manitoba provincial boundaries.

The Building Operations Department is responsible for maintenance, renovation and housekeeping operations at AFM facilities in Winnipeg, besides providing food services to the cafeteria at 1041 Portage Avenue. During the past three years, the Department has coordinated the Foundation's extensive renovation program, which entered the final phase when a contract was awarded in 1984 for basement renovations at 1031 Portage Avenue. Renovation costs have remained to date within the planned estimates.

The Staff Development Committee assesses training and professional development needs appropriate for AFM staff members wishing to enhance their expertise and on-the-job performance. During 1983/84, Committee members worked to add two new courses to the training curriculum: one concerned counselling theory, and the other featured essential concepts and strategies in the area of prevention.

THE DIRECTORATE OF PROGRAM DELIVERY *is responsible for providing a complete roster of addictions prevention and rehabilitation services on a region-by-region basis. Each of the Directorate's three operational regions is supervised by a regional administrator reporting to the Director of Program Delivery. During the fiscal year, the only significant financial variances in this Directorate were due to vacant staff positions.*

The three operational areas are: the Winnipeg/Central Region -- which includes Manitoba's Central, Eastern, Interlake and City of Winnipeg districts; the Western Region --

headquartered in Brandon; and the Northern Manitoba Region, administered from Thompson.

As in previous years, 1983-84 saw inter-regional variations in emphasis, levels of services utilization, and the types of services demanded in the respective operational areas. For example, different challenges and economics are involved in servicing Manitoba's small but diffuse northern populations, as compared with Winnipeg and district's larger but more concentrated population.

During 1983/84 as in earlier years, these realities -- coupled with the AFM's resolute aim to provide an appropriate level and variety of addictions services to all Manitobans wherever they live in the province, continued to challenge the resourcefulness of Directorate staff, and to the demonstrated adaptability of the programs they deliver. The availability of funds, too, remains a vital consideration in trying to meet the chemical dependency-related needs of all Manitobans through a balanced, province-wide system of versatile programming.

Program Delivery Directorate ventures during 1983/84 are discussed below under headings which correspond with two major program modes: *Rehabilitation Services* and *Prevention Services*. In each case, discussion is preceded by a brief overview of the Foundation's approach to these two separate but vitally related types of addictions programming.

Rehabilitation Services are consistent with the Foundation's view that chemically dependent people are troubled by an array of complex problems in many areas of their lives. AFM treatment programs stress three correspondingly broad goals:

1. Acceptance of the illness concept of chemical dependency, with agreement of the need for treatment so that the individual will take responsibility for this condition;

2. To assist each individual to gain an understanding of the personal factors involved in chemical dependency;

3. To persuade and assist the individual, where necessary, to develop new patterns of living, and to urge him/her to seek support through specific individuals and/or available community resources.

A range of treatment services is available in each region, including residential and nonresidential services, aftercare assistance, and supportive counselling for the client's family.

The Winnipeg Region operates at 1041 Portage a 15-bed Reception Unit, a 30-bed Residential Treatment for Men, and a Youth Nonresidential Treatment Program. The Reception Unit accepts persons experiencing only the relatively milder stages of drug withdrawal. Staff members encourage those admitted to enter a treatment program, such as the 14-day continuous cycle of residential care for men. Alternately, they and other chemically dependent people may be referred to treatment at other AFM facilities in Winnipeg.

Both the Christie Centre and River House Women's Rehabilitation Centre in Winnipeg reported heavy occupancy during 1983-84. Demand for nonresidential treatment at Christie Centre resulted in an extremely busy year, and was attributed to an increased number of client referrals by residential program staff, Driving While Impaired (DWI) program staff, and by other sources.

The Youth Nonresidential Program also experienced increased demand during 1983-84 by nearly 30 per cent. AFM staff assigned to the Youth Program anticipate further increases during the fiscal year ending March 31, 1984 relating to the proclamation of the Young Offenders Act in April, 1984.

In the Northern Region, the new AFM facility -- Polaris Place in Thompson -- completed its first full year of operations during 1983-84, and provided rehabilitation services in the 14-bed residential centre. On average, utilization of the new facility was accompanied by an eight per cent increase in the number of clients who received residential care, or availed themselves of nonresidential services. The halfway house program, an 8-bed unit located in Polaris

Place, provides an alcohol- and drug-free environment on a short-term basis for AFM clients who have finished the treatment program.

Rehabilitation programs in the Western Region of Manitoba experienced no appreciable change in the number of people seeking to enter residential and nonresidential programs during 1983-84. However, demand for followup counselling services increased.

The Ste. Rose treatment centre recorded a minimal decrease in occupancy due to the opening of the new Winnipeg facilities, which resulted in reduced referrals to Ste. Rose.

The Driving While Impaired Second Offender Program was delivered by staff in Winnipeg, Portage la Prairie, Gimli, Beausejour, Brandon, Dauphin, Swan River, The Pas, Flin Flon and Thompson.

Alcoholism Treatment Workers/Field Workers are strategically placed throughout the province, and are equipped to handle a wide variety of program duties and to work with community contacts.

The concept of training staff members to work in this manner arose several years ago to ensure that Manitoba's geographically dispersed small urban centres and rural residents in the north and south benefit from the AFM services.

For example, Alcoholism Treatment Workers/Field Workers operating in the Western Region in 1983-84 again proved to be the "backbone" of a chemical dependency outreach system, because their training and mobility fitted them to maintain liaison among hospitals, health care professionals, community self-help groups, schools and helping professionals -- AFM staff have helped forge a network of impressive geographic scope.

Western Region staff now are located permanently in Rossburn, Dauphin, and Minnedosa and do not spend as much time on the road. The effectiveness of this arrangement was suggested by reported increases in treatment referrals and request for informational workshops.

Prevention Services are based on the Foundation's knowledge and concern about the progressive nature of chemical dependency. Accordingly, they feature public education and awareness programs which aim to give Manitobans the information they must have to make rational, responsible decisions about drugs and alcohol.

A major step was taken toward this objective when the AFM embraced the Community Mobilization concept in 1980 as a basis for responding assertively to widespread alarm about drug and alcohol use among Manitobans. The Community Mobilization program model emphasizes the training of local community residents as partners in delivering programs developed and provided by the AFM and in devising their own.

The advantage of this approach is that residents in a given community likely are reached more readily and more effectively by one of their neighbours, friends or other local residents than is possible through the efforts of a single, isolated AFM staff member. Another advantage is that the open-endedness of the Community Mobilization model requires that local citizens acknowledge and accept responsibility for preventing the onset of alcohol and drug-related problems in their own lives and in the lives of those they live and work among. It also encourages them to help secure treatment for those who already are chemically dependent.

Below is a brief description of the programs currently used, and the target groups involved, to prevent chemical dependency and other problems related to alcohol and drugs by providing information about their nature, recognition, and prevention.

- **Tuning In To Health** is a comprehensive alcohol and drug education package designed for use with school children in grades 2-6. This new program aims to reduce the

future occurrence of problems associated with alcohol and drug use among young people. It is estimated that the program will be introduced into at least one-third of Manitoba elementary schools during the 1984-85 academic year. AFM staff are making classroom presentations for junior high and high school students. The program was developed in cooperation with the Manitoba Department of Education. Parenting workshops are mandatory prior to classroom introduction of the program, and staff have prepared the appropriate materials.

- The AFM is offering **Teacher and Guidance Counsellor Training Programs** within the Manitoba school system. These initiatives will promote greater effectiveness among teachers and guidance counsellors in dealing with alcohol and drug issues in the classroom, and in identifying and referring, with parental cooperation, students with alcohol and drug use-related problems.

- **Kids & Drugs** is a training program for parents which recognizes that they can play the key and decisive role in preventing alcohol and drug problems among their own children. This program is designed to provide parents with general information about alcohol and other drugs and their use; the skills needed for the prevention of drug use-related problems; and an opportunity to develop a plan designed to achieve this goal. An associated Leaders' Training Program now is offered to train "volunteer" leaders to deliver the Kids & Drugs program to groups of parents at the community level.

Prevention programs targeted to parents and other Manitobans concerned about children and drugs were in heavy demand during 1983-84. In the Northern Region, for example, the *Kids & Drugs* program, and workshops based on the Systematic Training for Effective Parenting (STEP) method, played a large, warmly-received part among prevention efforts. Similarly, AFM Western Region staff encountered considerable enthusiasm among parents when the *Kids & Drugs* program was delivered in the district communities of Grandview, Ethelbert, Roblin, Russell, Inglis and Winnipegosis. And when STEP workshops were delivered in the Brandon area, more than 200 parents attended. In the Eastern Manitoba Region, this program was offered in conjunction with the Parent Teacher Association. Planning has progressed to offer *Kids & Drugs* in St. Jean, St. Pierre and, for the second time, in Pine Falls in the fall of 1984.

Other well-received addictions prevention and education programs concerning children included:

The Girl Guides Alcohol and Drug Awareness Program, designed for female adolescents in the Pathfinders Program, aims to help young women understand factors that influence attitudes and decisions concerning the use of alcohol and other drugs. This program is one example of the cooperation and cross-fertilization which has been engendered in the field of addictions education and prevention. The Guides program resulted from collaboration between a local educator, a service organization, Gimli Guide leaders, and an AFM staff member.

Similarly, northern Manitoba's Student Match program -- which promotes the development of caring friendships and the sharing of activities among younger and older students -- was being discussed between AFM Western Region staff members and Brandon district educators. The Student Match Program during 1983-84 was a highlight at schools in The Pas, Thompson, Snow Lake, and Cranberry Portage.

Student sessions on alcohol and drugs were held in schools in St. Adolphe, Carman, and Somerset in the Central Region. A three-day Awareness Program on Alcohol and Drugs was held for the students at Carman High School.

Coupled with Safe Grad Manitoba program participation in Flin Flon, The Pas, and Thompson, Student Match efforts in 1983-84 went a long way to sensitize and inform students about problems associated with drug and alcohol misuse.

However, prevention services in Manitoba by no means focused exclusively on children.

A major highlight in the Northern Region during 1983-84 was the finalization of an Employee Assistance Program (EAP) developed at the International Nickel Company (INCO) mine in Thompson. AFM staff members also promoted the EAP concept in discussions with other northern employers.

Other addictions prevention and information services which sparked public interest during the fiscal year ending March 31, 1984 included **Drug Use and the Aging Process**, a program designed both to train senior citizen volunteer educators and community professionals working with elderly people. The goal of this program is to prevent alcohol and other drug problems among the elderly. The program was delivered to a wide variety of groups, including, for example, senior citizens in Portage la Prairie.

Also, staff assigned to the AFM's **Native Chemical Dependency Prevention Programs** continued to offer culturally relevant training programs for Native people whose occupational responsibilities regularly bring them into contact with other Native people who suffer from problems due to drug or alcohol misuse.

Community education workshops for volunteers and other helpers -- including health care professionals -- were reported in continuous demand in the AFM Western Region.

THE DIRECTORATE OF PROGRAM EVALUATION AND DEVELOPMENT *was established during the AFM's organizational restructuring in 1983-84. This newest of AFM Directorates consolidates five major areas: the AFM Training Unit; liaison with external Funded Agencies; prevention and treatment program development; research; and evaluation. Due to its recent origins, certain staff positions were not filled at the time originally scheduled and surplus variances resulted in this Directorate for 1983-84.*

- The capacity of the Directorate to conduct formal evaluations has been established and a series of program evaluations has been scheduled for 1984-85. A series of program audits and a variety of statistical reviews were prepared for internal management and for use by other Directorates.

- Directorate operation of a computerized information system gathers data on admissions to the AFM's own treatment program, and to those operated by the Foundation's Funded Agenices. Recent upgrading of the computer facility, and addition of a full-time research assistant, enables the Directorate to provide more timely information and data analysis.

- The Directorate is responsible for developing new Treatment and Prevention Programs. As such, it is involved in assessing program needs and in auditing and evaluating existing programs.

  The Prevention Program Consultant position was filled in February, 1984. Two major initiatives for this position will be coordinating the development of the junior high school curriculum ***Tuning In To Health: Alcohol and Other Drug Decisions,*** and developing a new program for the first time impaired drivers. The former is an extension of the elementary school program of the same name, discussed elsewhere (p. 10) in the Annual Report, and has become an optional part of the Manitoba Department of Education's Health Education Curriculum.

- According to its mandate, the AFM is to "initiate, sponsor, conduct and promote a program of research in the field". External research activities of the Directorate in 1983-84 included:

  - Provision of seed money for *Alcoholism and Damage to Brain Cells in the Hippocampus Region* by Dr. Doris Nathaniel, Department of Anatomy, University of Manitoba.

  - Provision of seed money for *Effects of Maternal Use of Alcohol on the Development of Offspring,* Dr. V. Chernick, Professor of Pediatrics, Department of Pediatrics and Child Health, University of Manitoba.

  - *Social Workers Attitudes Towards Alcoholism,* Professor Walter Driedger, School of Social Work, University of Manitoba.

  - *Employee Assistance Program Survey of Small Employers in Manitoba,* Peregrine Consulting Ltd.

- The Training Unit, established in 1980, continued to provide specialized education and training courses both for AFM and other addiction agency staff and for a variety of professionals, including probation workers, nurses, teachers, clergy, police and the armed forces. AFM regional staff are trained by the Unit to deliver these courses throughout the province.

  During the fiscal year, 1,304 persons participated in the Training Unit's educational offerings: 358 from health

agencies, 244 were students, 142 police, clergy and armed forces, 139 members of the public, 123 from the criminal justice system, 96 from other social agencies, 88 from other addiction agencies, and 80 AFM staff.

The Unit also co-sponsors workshops with the University of Manitoba Continuing Education Division. Two workshops of note, "Alcoholism and the Family" and "Relapse Prevention", drew participants from across Canada. The Unit continues to present the basic Core Knowledge and Chemical Dependency Intervention Courses at Red River Community College. The highly successful Addictions Summer School was initiated in 1983 at the University of Manitoba and will be presented again.

- The Directorate is responsible for liaison with, and funding of, nine external agencies which provide a continuum of care to chemically dependent people. These agencies are located throughout the province, function with their own Boards of Directors and have their own bases of community support. Several agencies receive funding support from other sources, such as the National Native Alcohol and Drug Abuse Program and private donations. Locations of the agencies are listed later in this report. They are: Alcohol Recovery, Inc., Churchill Health Centre, Sagkeeng Alcare Centre, Main Street Project, Native Alcoholism Council, Rosaire House, Salvation Army Harbour Light, Kia Zan, Inc., and X-Kalay Foundation Inc.

STATISTICS

PUBLIC INFORMATION AND EDUCATION SERVICES

The Alcoholism Foundation of Manitoba provides an extensive variety of information and education services for professionals, students, and other members of the public concerned about chemical use. These services range from five-day intensive educational sessions for professionals to seminars for employers and union representatives to one and two hour awareness events for interested citizens and citizen groups. These services are provided by the AFM Training Unit, Field Workers and Counsellors.

In 1983-84, the Foundation sponsored 571 information and education events that were attended by 16,914 participants. The different types of sessions and the number of participants who attended each are shown in the following table.

Information and Education Services 1983-84

Type of Presentation	Number of Sessions Held	Number of Participants
General Information & Education	360	11,289
Native Field Worker Presentations	17	393
Staff Development Courses (e.g. Counselling Alcoholic Clients, Chemical Dependency Intervention Course)	45	838
Management Seminars for Employee Assistance Programs	39	735
Structured Prevention Courses (e.g. Kids & Drugs, Women and Addictions)	110	3,660
TOTAL	571	16,914

As illustrated in the following table, the participants at AFM information and education services are from all cross-sections of the Manitoba public.

Information and Education Participants 1983-84

Teachers, Principals and Other School Personnel	704
Health Workers (nurses, doctors)	1,647
Justice System (probation officers, lawyers, institutional staff)	241
Social Agency Staff	644
Addiction Agency Staff	483
Employers and Employees	1,288
Police, Clergy, Armed Forces	213
Students	5,422
General Public	6,272
TOTAL	16,914

CRISIS, INTERVENTION AND TREATMENT SERVICES

The services described in this statistical summary were provided either directly by the Alcoholism Foundation of Manitoba or by the private agencies funded by the Foundation.

In the 1983-84 fiscal year a total of 24,004 services were provided.

Crisis, Intervention and Treatment Services 1983-84

Crisis Services		12,314
Impaired Drivers		1,361
Treatment Services	- Primary Care	2,612
	- Short Term Residential	2,798
	- Nonresidential	4,535
	- Long Term Residential	384
TOTAL		24,004

Crisis Services include persons detained under the Intoxicated Persons Detention Act, emergency overnight shelter, and other services of a crisis or intervention nature.

The Impaired Drivers Program is an education and intervention service provided in cooperation with the Motor Vehicle Branch for persons who are convicted of a second impaired driving offence.

The Treatment Services are specifically designed for chemically dependent persons and are grouped into four categories. Primary Care programs provide a supportive environment for persons who are undergoing mild withdrawal from their chemical use. Short Term Residential programs are of two to three weeks duration and offer an intensive information and educational experience for persons recovering from chemical dependence. Nonresidential programs are offered on an outpatient basis for persons who do not require the intensity of a residential program. Non-residential services are also available to persons who complete the residential programs and who can benefit from an ongoing treatment contact. Long Term Residential services include halfway house and therapeutic community programs.

Since 1979, the Foundation has operated a computerized data system for the treatment services provided by both AFM facilities and the Funded Agencies. Information from this system shows that in 1983-84 the 10,329 treatment services described above were provided to 5,560 individuals. Highlights from the data system for the past five years are presented below.

1. The number of individuals admitted for treatment of chemical dependence has increased by 25% since the 1979-80 fiscal year. In 1983-84, 5,560 individuals received services.

2. Of the indiviuals admitted in 1983-84, 30% were women and 70% were men. These proportions have remained constant for the last five years.

3. During the last five years, the treatment population has become progressively younger. Since 1979, the number of young people under 19 years of age has more than doubled from 296 to 713 persons. In 1983-84, youth accounted for 13% of all individuals admitted for treatment. The last five years have seen also an increase in the number of young adults aged 20 to 34, from 1,945 in 1979 to 2,468 in this age group. Fifty-eight per cent of the treatment population is now under 35 years of age. The number of individuals aged 35 or older has remained relatively constant at approximately 2,200 persons during each of the past five years.

4. In 1983-84, 55% of all individuals admitted lived in the city of Winnipeg, and 38% in other areas of Manitoba. On a per capita basis, more individuals from Northern Manitoba were admitted to treatment than from any other area of the province. Since 1979, the largest increases have been in Winnipeg (up 33% over 1979) and in the Eastman, Interlake and Central Regions (up 50% over 1979).

5. In 1983-84, 39% of all persons admitted were of Native ancestry (Status Indian, non-Status Indian and Metis). This proportion has not changed over the last five years.

6. In 1983-84, 50% of the individuals admitted for treatment were unemployed. This proportion is a slight decrease from the high of 53% in 1981-82. The proportion of employed persons decreased in the four years from 1979-80 to 1982-83 from 37% to 29%. Last year, however, there was a slight increase to 30%. Since 1979 the proportion of students has tripled from 3% to 9%.

7. During the last three years there have been several changes in sources referring people for treatment. The proportion of self referrals and referrals by friends or family has increased from one-third of all referrals in 1981-82 to almost one-half in 1983-84. The proportion referred by the legal system, which includes courts, lawyers and probation officers, also increased from 12% to 16%. There have been slight decreases in both the number and proportion of referrals from social agencies, the health system, Alcoholics Anonymous and employers.

A.F.M. SERVICES

A.F.M. programs are operated at the following centres:

Winnipeg

1041 Portage Avenue
. Reception Unit
. Male Residential/Youth Program

Women's River Avenue Centre
588 River Avenue
. Women's Residential/ Nonresidential

Nassau House
100 Nassau Street
. Aftercare

Headingley Correctional Institute
Headingley, Manitoba
. Residential

1031 Portage Avenue
. Community Mobilization
. Administration
. Training Unit
. E.A.P. Services
. Information Area

Christie Centre
586 River Avenue
. Nonresidential

124 Nassau Street
. Nonresidential

Stony Mountain Penitentiary
Stony Mountain, Manitoba
. Residential

Westman

Sun Centre
24-10th Street, Brandon
. Reception Unit
. Male & Female Residential

Matheson House
1039 Louise Avenue, Brandon
. Intake/Assessment
. Nonresidential

Willard Monson House
P.O. Box 490, Ste. Rose du Lac
. Intake/Assessment
. Male & Female Residential

A.F.M. Workers
302 Main Street, Dauphin
. Nonresidential

A.F.M. Worker
General Delivery, Rossburn
. Nonresidential

A.F.M. Worker
P.O. Box 40, Minnedosa
. Nonresidential

Areas Also Served:

Melita	Pipestone
Boissevain	Hartney
Deloraine	Reston
Killarney	Virden
Souris	Carberry
Austin	Glenboro
Ochre River	Roblin
Sifton	Alonsa
Grandview	Pine Creek
Crane River	Reserve
Fork River	Winnipegosis
Ste. Rose du Lac	
Russell	Miniota
Shoal Lake	Foxwarren
Sandy Lake	
McCreary	Kelwood
Neepawa	Onanole
Gladstone	

	Areas Also Served:	
Thompson/Norman		
Polaris Place 23 Nickel Road, Thompson . Intake/Assessment . Male & Female Residential . Nonresidential	Wabowden Lynn Lake South Indian Lake	Nelson House Leaf Rapids
A.F.M. Worker The Pas Health Centre, The Pas . Nonresidential	Moose Lake Easterville	Cormorant Grand Rapids
A.F.M. Workers Flin Flon Hospital, Flin Flon . Nonresidential	Cranberry Portage Snow Lake	
A.F.M. Worker Box 39, Gillam . Nonresidential	Ilford Pikwitonei Shamattawa	Sundance Bird
A.F.M. Worker Swan River Hospital P.O. Box 1450, Swan River . Nonresidential	Birch River Lenswood Minitonas	Benita Cowan Mafeking
Central		
Provincial Building 25 Tupper Street North Portage la Prairie . Nonresidential	Morris MacGregor Long Plains Sandy Bay Reserve Swan Lake Reserve	Carman Treherne Manitou
Interlake		
Johnson Memorial Hospital P.O. Box 449, Gimli . Nonresidential	Selkirk Teulon Eriksdale Riverton Winnipeg Beach Fairford Reserve	Stonewall Ashern Arborg Fisher Branch
Eastman		
Provincial Building 1st Street, Beausejour . Nonresidential	Pinawa Pine Falls Niverville La Broquerie Fort Alexander Reserve	Lac du Bonnet Ste. Anne Steinbach Whitemouth

Referrals to A.F.M. rehabilitation services are accepted from any source and are usually received from family members, employers, physicians, Alcoholics Anonymous, the courts and police. Increasing numbers of referrals, however, are being received from probation services, vocational counsellors, clergy and other health professionals.

OTHER SERVICES FOR THE CHEMICALLY DEPENDENT

The Foundation's policy of continuation of care includes cooperation with community services such as Alcoholics Anonymous, Alanon, Alateen, Narcotics Anonymous, Families Anonymous, Youth Alcoholics Anonymous, and Youth Families Anonymous, as well as private agencies providing services in treatment and rehabilitation in the Province.

In addition, the Foundation funded the following external agencies:

ARI House,
Winnipeg, Manitoba

Churchill Health Centre
Churchill, Manitoba

Sagkeeng Alcare Centre
Fort Alexander Reserve
Pine Falls, Manitoba

Main Street Project
Winnipeg, Manitoba

Kia Zan, Inc.
Winnipeg, Manitoba

Native Alcoholism Council
Winnipeg, Manitoba

Rosaire House
(The Pas Health Complex)
The Pas, Manitoba

Salvation Army Harbour Light
Winnipeg, Manitoba

X-Kalay Foundation, Inc.
Winnipeg, Manitoba

THE ALCOHOLISM FOUNDATION OF MANITOBA

Auditor's Report and Financial Statements
for the year ended March 31, 1984

PROVINCE OF MANITOBA
PROVINCIAL AUDITOR

MANITOBA

PROVINCE OF MANITOBA
PROVINCIAL AUDITOR

THE ALCOHOLISM FOUNDATION OF MANITOBA

REPORT OF THE PROVINCIAL AUDITOR'S OFFICE

We have examined the financial statements, being Exhibits A, B, and C and Schedule 1, of The Alcoholism Foundation of Manitoba for the fiscal year ended March 31, 1984. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as we considered necessary in the circumstances.

In our opinion, these financial statements present fairly the financial position of the Foundation as at March 31, 1984 and the results of its operations for the year then ended in accordance with the accounting policies stated in note 1 to the financial statements applied on a basis consistent with that of the preceding year.

W. K. Ziprick, C.A.,
Provincial Auditor.

May 30, 1984,
Winnipeg, Manitoba.

Exhibit A

THE ALCOHOLISM FOUNDATION OF MANITOBA
(Incorporated under the laws of Manitoba)

Balance Sheet as at March 31, 1984

A S S E T S

	1984	1983
Cash (Note 8)	$ 249,132	$ 558,665
Accounts receivable	61,854	61,470
Land and buildings, at cost (Note 1)	1,877,161	1,919,161
	$ 2,188,147	$ 2,539,296

L I A B I L I T I E S

Accounts payable and accrued liabilities	$ 138,980	$ 94,516

CAPITAL, UNEXPENDED GRANT AND SURPLUS ACCOUNTS (EXHIBIT C)

Capitalized land and buildings	$ 1,877,161	$ 1,919,161
Unexpended capital grant (Note 5)	-	106,864
Unexpended restricted grant (Note 7)	-	162,457
Accumulated operating surplus	172,006	256,298
	2,049,167	2,444,780
	$ 2,188,147	$ 2,539,296

Lease commitments (Note 2)

Approved by the Board:

Governor _____

Governor _____

Exhibit B

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Revenue and Expenditure
Year Ended March 31, 1984

	1984	1983
Revenue		
Province of Manitoba operating grant	$ 8,727,657	$ 7,802,743
Other revenue	339,574	302,018
	9,067,231	8,104,761
Expenditures		
Grants to other agencies	2,013,799	1,985,757
Salaries	4,358,466	3,773,770
Wages and other assistance	661,327	384,662
Advertising and exhibits	13,380	4,702
Audio-visual aids	23,756	45,187
Audit	5,025	3,885
Automobile	130,341	112,557
Board of Governors' honorarium	21,300	20,000
Books, newspapers and periodicals	16,768	14,313
Canada Pension Plan	58,397	45,385
Dental claims	25,620	20,701
Educational literature	91,779	43,861
Fees	112,243	58,734
Furnishings and equipment	103,334	86,216
Group life and accident insurance	16,337	14,492
Health and post secondary education tax levy	74,692	49,983
Household requisites	58,012	44,519
Materials, repairs and maintenance	250,020	189,500
Medical services and supplies	14,127	15,949
Miscellaneous	16,570	15,442
Postage and telephone	112,230	90,116
Printing, stationery and office supplies	87,672	81,955
Property taxes	66,146	48,107
Rent and insurance	73,012	121,660
Research grants	12,200	11,231
Staff development	31,538	30,330
Subsistence	213,750	198,520
Superannuation	36,224	4,307
Training	48,610	39,262
Transportation of patients	9,957	9,003
Travel	152,483	95,983
Unemployment insurance	115,719	73,832
Utilities	126,689	105,570
	9,151,523	7,839,491
	(84,292)	265,270
Province of Manitoba capital grant (Note 5)	148,865	344,324
Less renovations and equipment	148,865	344,324
	-	-
Excess (deficiency) of revenue over expenditure, Exhibit C	$ (84,292)	$ 265,270

Exhibit C

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Changes in Capital, Unexpended Grant and Surplus Accounts
Year Ended March 31, 1984

	Capitalized land and buildings	Unexpended capital grant (Note 5)	Unexpended restricted grant (Note 7)	Accumulated operating surplus	1984 Total	1983 Total
Balance at beginning of year	$ 1,919,161	$ 106,864	$ 162,457	$ 256,298	$ 2,444,780	$ 2,161,377
Add:						
Grant funds from Province of Manitoba re specific purposes	-	-	-	-	-	625,000
Excess (deficiency) of revenue over expenditure	-	-	-	(84,292)	(84,292)	265,270
Proceeds on sale of fixed assets (Note 6)	-	1	-	-	1	-
	1,919,161	106,865	162,457	172,006	2,360,489	3,051,647
Less:						
Transfer to revenue	-	148,865	162,457	-	311,322	606,867
Disposition of fixed assets	42,000	(42,000)	-	-	-	-
	42,000	106,865	162,457	-	311,322	606,867
Balance at end of year, Exhibit A	$ 1,877,161	$ -	$ -	$ 172,006	$ 2,049,167	$ 2,444,780

THE ALCOHOLISM FOUNDATION OF MANITOBA

Schedule of Receipts and Disbursements
Year Ended March 31, 1984

	1984	1983
Receipts		
Province of Manitoba operating grants received	$ 8,565,200	$ 7,965,200
Province of Manitoba capital grant received	-	200,000
Other receipts	340,141	308,409
	8,905,341	8,473,609
Disbursements, including grants to external agencies	9,000,340	7,814,581
Renovation of 1031 - 1041 Portage Avenue	214,534	339,886
	9,214,874	8,154,467
Excess (deficiency) of receipts over disbursements	(309,533)	319,142
Cash at beginning of year	558,665	239,523
Cash at end of year (Note 8)	$ 249,132	$ 558,665

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements
Year Ended March 31, 1984

1. Accounting Policies

The accompanying financial statements have been prepared in accordance with generally accepted accounting principles with the exception that pension charges are reflected as incurred (explained in note 4) and the costs of leasehold improvements, renovations, furniture, equipment and supplies are expensed in the year of purchase and there has been no provision made in the accounts for depreciation of buildings.

2. Lease Commitments

The Foundation leases buildings under long-term operating leases which expire at various dates between 1985 and 1991. Some of these leases contain renewal options at rates to be negotiated. The following is a schedule by years of future minimum rental payments required under operating leases that have initial lease terms in excess of one year, as of March 31, 1984.

1985	$ 26,064
1986	4,647
1987	4,000
1988	4,000
1989-1991	11,333
	$ 50,044

3. Contingent Liability

The Foundation is contingently liable under a guarantee of a bank loan for Main Street Project Inc. in the amount of $50,000. As security for this guarantee, the Foundation has obtained an assignment of the title to the property purchased with the bank loan. Upon payment of the bank loan by the Main Street Project Inc., the Foundation will release its assignment to the property.

4. Pension

Employees of The Alcoholism Foundation of Manitoba are pensionable under the Civil Service Superannuation Fund and make contributions at prescribed rates. The Foundation is required to pay 50% of the Fund's pension disbursements made to retired employees and these are charged to superannuation expenditures as incurred. No provision is made in the accounts to fund current or past service costs but the Superannuation Fund is subject to a triennial actuarial review. On the basis of an actuarial report, the unfunded liability for the Foundation's employees amounted to $1,299,800 as at December 31, 1983 ($989,300 as at December 31, 1982).

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements
Year Ended March 31, 1984

5. Province of Manitoba Capital Grant

During the prior year, the Foundation received a grant in the amount of $200,000 from the Province of Manitoba for the renovation of buildings acquired in 1982 to house The Alcoholism Foundation of Manitoba. Of this amount, $93,136 had been spent in the renovation of the buildings to March 31, 1983. During the fiscal year ended March 31, 1984, the balance of the unexpended capital grant was expended. In accordance with the Foundation's policy, the original cost of the land and buildings has been capitalized.

6. Sale of Fixed Assets

In accordance with an agreement, the Foundation transferred to a social agency land and a building thereon for the nominal amount of $1. The book value of the asset of $42,000 was removed and the capitalized land and buildings account was reduced by this amount.

7. Unexpended Restricted Grant

The Foundation received a grant of $425,000 from the Province of Manitoba in the prior year on account of Main Street Project Inc. A payment was made in that fiscal year to the aforementioned Agency of $262,543 which was reflected as revenue and expenditure in the operating account. A further payment of $67,457 was made to the Agency during the current fiscal year and the balance of $95,000 was credited to the Province. These transactions were also reflected as revenue and expenditure in the operating account.

8. Cash

The Foundation has designated $169,000 from the March 31, 1984 accumulated operating surplus towards certain of next year's operating programs.